



East Berks Football Alliance

(EBFA - Our Kids - Their Dreams)

Penalty Shootout – All Formats Sheet- 2024/25

www.eastberksfa.com

Not Registered
No Football
No Exceptions

GotFootball Teams Sheet to be presented to Referee and Opposition Manager minimum of 10 minutes before kick-off
This age group format sheet to be presented to the Referee by both teams a minimum of 10 minutes before kick-off

Trophy Events Knockout Matches

Determining the Outcome of a Match – Law 10 (Penalty Shoot-out)

1. Goal scored

A goal is scored when the whole of the ball passes over the goal line, between the goalposts and under the crossbar, provided that no offence has been committed by the team scoring the goal.

If the goalkeeper throws the ball directly into the opponents' goal, a goal kick is awarded.

If a referee signals a goal before the ball has passed wholly over the goal line, play is restarted with a dropped ball.

2. Winning team

The team scoring the greater number of goals is the winner. If both teams score no goals or an equal number of goals, the match is drawn.

When competition rules require a winning team, for instance in the EBFA Trophy Event Knock Out Rounds, after a drawn match or home-and-away tie, the only permitted procedures to determine the winning team are:

- away goals rule {Not sanctioned by EBFA}
- two equal periods of extra time not exceeding 15 minutes each {Not sanctioned by EBFA}
- penalties (penalty shoot-out).

A combination of the above procedures may be used.

3. Penalties (penalty shoot-out)

Penalties (penalty shoot-out) are taken after the match has ended and unless otherwise stated, the relevant Laws of the Game apply. A player who has been sent off during the match is not permitted to take part; warnings and cautions issued to players and team officials during the match are not carried forward into penalties (penalty shoot-out).

Procedure

Before penalties (penalty shoot-out) start

- *Unless there are other considerations (e.g. ground conditions, safety etc.), the referee tosses a coin to decide the goal at which the kicks will be taken, which may only be changed for safety reasons or if the goal or playing surface becomes unusable*
- *The referee tosses a coin again, and the team that wins the toss decides whether to take the first or second kick*
- *With the exception of a substitute for a goalkeeper who is unable to continue, only players who are on the field of play or are temporarily off the field of play (injury, adjusting equipment etc.) at the end of the match are eligible to take kicks*
- *Each team is responsible for selecting from the eligible players the order in which they will take the kicks. The referee is not informed of the order*



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- *If at the end of the match and before or during the kicks one team has a greater number of players than its opponents, it must reduce its numbers to the same number as its opponents and the referee must be informed of the name and number of each player excluded. Any excluded player is not eligible to take part in the kicks (except as outlined below)*
- *A goalkeeper who is unable to continue before or during the kicks may be replaced by a player excluded to equalise the number of players or, if their team has not used its maximum permitted number of substitutes, a named substitute, but the replaced goalkeeper takes no further part and may not take a kick*
- *If the goalkeeper has already taken a kick, the replacement may not take a kick until the next round of kicks*

During penalties (penalty shoot-out)

- *Only eligible players and match officials are permitted to remain on the field of play*
- *All eligible players, except the player taking the kick and the two goalkeepers, must remain within the centre circle*
- *The goalkeeper of the kicker must remain on the field of play, outside the penalty area, on the goal line where it meets the penalty area boundary line*
- *An eligible player may change places with the goalkeeper*
- *The kick is completed when the ball stops moving, goes out of play or the referee stops play for any offence; the kicker may not play the ball a second time*
- *The referee keeps a record of the kicks*
- *If the goalkeeper commits an offence and, as a result, the kick is retaken, the goalkeeper is warned for the first offence and cautioned for any subsequent offence(s)*
- *If the kicker is penalised for an offence committed after the referee has signalled for the kick to be taken, that kick is recorded as missed and the kicker is cautioned*
- *If both the goalkeeper and the kicker commit an offence at the same time, the kick is recorded as missed and the kicker is cautioned.*

Subject to the conditions explained below, both teams take

Three penalties for U7s & U8s, 5v5 format matches.

Five penalties for U9s to U18s, 7v7, 9v9 and 11v11 format matches.

- *The kicks are taken alternately by the teams*
- *Each kick is taken by a different player, and all eligible players must take a kick before any player can take a second kick*
- *If, before both teams have taken five kicks, one has scored more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken*
- *If, after both teams have taken five kicks, the scores are level, kicks continue until one team has scored a goal more than the other from the same number of kicks*



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- *The above principle continues for any subsequent sequence of kicks but a team may change the order of kickers*
- *Penalties (penalty shoot-out) must not be delayed for a player who leaves the field of play. The player's kick will be forfeited (not scored) if the player does not return in time to take a kick.*

Substitutions and sendings-off during kicks from the penalty mark.

- A player, substitute, substituted player or team official may be cautioned or sent off.
- A goalkeeper who is sent off must be replaced by an eligible player.
- A player other than the goalkeeper who is unable to continue may not be replaced.
- The referee must not abandon the match if a team is reduced to fewer than

7 (seven) players – 11v11 format (U13s to U18s).
6 (six) players – 9v9 format (U11s and U12s).
5 (five) players – 7v7 format (U9s and U10s).
4 (four) players – 5v5 format (U7s and U8s).

FAQs – Penalties (penalty shoot-out)

Q1 - A goalkeeper is injured during kicks from the penalty mark and is replaced by a substitute (another goalkeeper). What is the further procedure?

A1- The replaced goalkeeper takes no further part and may not take a kick. If the goalkeeper has already taken a kick, the replacement may not take a kick until the next round of kicks.

Q2- A player (other than the goalkeeper) is injured during kicks from the penalty mark (KFPM) and unable to continue. Their team has not used its maximum number of substitutes. What is the correct procedure?

A2 -The player can leave the KFPM but may not be replaced. The opposing team must remove one player (to equalise the numbers) and inform the referee.

Q3 - A player (Team A) is injured at the end of extra time and unable to continue. Team A has already used its maximum number of substitutes. May Team A exclude the injured player from taking part in the kicks from the penalty mark? What is the correct procedure assuming that both teams have the same number of players on the field?

A3 - Yes, the injured player may be excluded. Team B must then exclude one player and inform the referee of the name/number of this excluded player.

Q4 - During kicks from the penalty mark, after completing the run-up, the kicker feints to kick the ball and, at the same time, the goalkeeper moves off the goal line with both feet. What is the referee's decision?

A4 - The kick is recorded as missed and the kicker is cautioned (yellow card, YC). When (rarely) the goalkeeper and the kicker offend at exactly the same time, the kicker should be penalised, as it is the 'illegal' feinting that has caused the goalkeeper's encroachment.

Q5 - During kicks from the penalty mark, the goalkeeper moves off the goal line with both feet and, as a result, the kick is retaken. What disciplinary action does the referee take?

A5 - As most goalkeeper encroachment results from mis-anticipating when the ball will be kicked, the goalkeeper is warned for a first offence but must be cautioned (yellow card, YC) for any further offence(s) at the retaken kick and/or any subsequent kick.



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Q6 – A player is cautioned (yellow card, YC) during extra time. After the match has ended, the same player receives a YC during kicks from the penalty mark. What is the referee's decision?

A6 – Warnings and cautions (YCs) issued during the match (including during extra time) are not carried forward into kicks from the penalty mark (KFP). A player who receives a YC during both the match and the KFP is not sent off. The two separate cautions are reported to the appropriate authorities.

{ EBFA Trophy Events there is No Extra Time– So Q6/A6 is void }

Q7 - A player is shown a direct red card during Penalties (penalty shoot-out). What is the correct procedure?

A7 - The player is sent off and the opposing team must withdraw one player as well. The referee must be informed which player is being withdrawn.

Q8 - A goalkeeper is injured during Penalties (penalty shoot-out) and is unable to continue. The team has already used three substitutes. May the injured goalkeeper be replaced? {EBFA All Age Group use return substitutes}

A8 - Yes, the goalkeeper may be replaced by:

1. a substitute if the competition rules allow an additional substitute in extra time
2. a player excluded to equalise the number of players
3. a team-mate who is on the field.

Q9 - Can a goalkeeper score a goal by throwing the ball from his/her penalty area into the opponents' goal?

A9 - No. If the goalkeeper throws the ball directly into the opponents' goal, a goal kick is awarded.

Q10 - Must the referee be informed of the order in which players will take the Penalties (penalty shoot-out)?

A10 – No. The order of the Penalties taker is the tactical responsibility of the teams. The referee's responsibility is to make sure that no player takes a second Penalty before every other team member has taken their first Penalty.

Q11 - Is it allowed to replace a goalkeeper after the match has ended, before Penalties (penalty shoot-out)?

A11 - It is only allowed if a goalkeeper is unable to continue e.g. injured, ill, and the team has not used the maximum number of substitutes. {EBFA All Age Group use return substitutes}

Q12 - At the end of the match and before the Penalties (penalty shoot-out) Team A has a greater number of players than its opponents (Team B). What is the correct procedure?

A12 - Team A must reduce its numbers to the same number as its opponents and the referee must be informed of the name and number of each player excluded. Any such excluded player is not eligible to take part in the Penalties (penalty shoot-out) (except as outlined in the Laws of the Game).