



# East Berks Football Alliance

(EBFA - Our Kids - Their Dreams)

## Age Group Team/Referee 11v11 Format Sheet - 2022/23

www.eastberksfa.com

Not Registered  
No Football  
No Exceptions

**GotFootball Teams Sheet to be presented to Referee and Opposition Manager minimum of 10 minutes before kick-off**  
**This age group format sheet to be presented to the Referee by both teams a minimum of 10 minutes before kick-off**

Under 13 to Under 21 - 11v11 Youth Mixed Football

### Age Limits

U13s - Over 11 but Under 13 as at Midnight August 31st.

U14s - Over 12 but Under 14 as at Midnight August 31st.

U15s - Over 13 but Under 15 as at Midnight August 31st.

U16s - Over 14 but Under 16 as at Midnight August 31st.

U18s - Over 15 but Under 18 as at Midnight August 31st.

U21s - Over 16 but Under 21 as at Midnight August 31st.

1. Team size shall be 11v11.
2. The playing area shall be:

Under 13 and Under 14	Maximum Size – 100 x 60 yards, Minimum Size – 90 x 50 yards
Under 15 and Under 16	Maximum Size – 110 x 70 yards, Minimum Size – 90 x 50 yards
Under 17 and Under 18	Maximum Size – 110 x 70 yards, Minimum Size – 90 x 50 yards
Under 21	Maximum Size – 110 x 70 yards, Minimum Size – 100 x 64 yards

The Playing area shall be marked with a regulation line marking compound.
3. The penalty area shall be designated by a marked out a rectangle, size 44 yards wide by 18 yards deep from the goal line.
4. The goal area shall be designated by a marked out a rectangle, size 14 yards wide by 6 yards deep from the goal line.
5. The penalty spot shall be in the centre of the penalty area, 12 yards from the goal line.
6. The goal size for all groups are:

Under 13 – U14	Maximum Size – 8 Ft. High by 24 Ft. Wide, Minimum Size – 7 Ft. High by 21 Ft. Wide
Under 15 – U18	Maximum Size – 8 Ft. High by 24 Ft. Wide, Minimum Size – 8 Ft. High by 24 Ft. Wide
Under 21	Maximum Size – 8 Ft. High by 24 Ft. Wide, Minimum Size – 8 Ft. High by 24 Ft. Wide

Goals shall be secured in accordance with manufacturer's instructions.
7. Goal nets and corner flags are compulsory.
8. The ball shall be:

Under 13, and 14	Size 4 ball
Under 15, 16, 18 & 21	Size 5 ball
9. A maximum of 5 substitutes may be used at any time with the permission of the Referee. Players may re-enter the game with permission of the Referee. All Youth 11v11 players in age groups U13 to U16, including substitutes, shall play in the match.
10. Players shall wear shin guards, which shall be entirely covered with stockings.
11. A Referee shall be allocated to every match. Each Team shall provide a Club Assistant Referee to run the line. All Referees shall have a whistle, red and yellow cards plus a notebook. It is the responsibility of the Home Team to ensure this.
12. Duration of matches shall be:

Under 13 and 14	70 minutes (35 minutes each half)
Under 15 and 16	80 minutes (40 minutes each half)
Under 17, 18 & 21	90 minutes (45 minutes each half)

5 minutes between each half. Teams to change ends after 1st half.
13. Trophy Events - In the U13 to U21s Trophy Event Competition are all knockout matches. If the scores is level at the end of normal time, the winners shall be determined by the taking of penalty kicks from the penalty mark in accordance with International Board Procedures (Five penalties followed by sudden death penalties).
14. The kick-off is taken in the centre of the playing area to start the game at each half/quarter and after a goal has been scored.
15. Offside rule applies.
16. Club Officials who Referee a match shall refrain from coaching.
17. Prior to each match the Team Sheet and Player Reg ID Verification procedures must be complied with.
18. Prior to each match the participating Teams and Officials shall conduct the 'Respect' handshake.
19. The Team Officials shall be held responsible for the behaviour of players, supporters and any other persons involved with the fixture.
20. Any protest or complaint shall be forwarded to the League Secretary as per Rule 7.
21. Any matters of misconduct while the Referee is at the venue, are under the jurisdiction of The FA or Affiliated Association
22. Except where otherwise provided above, the Laws of Association football shall apply.
23. All Referees shall be paid before the start of the match by the Home Team and the costs split equally between the two Teams.
24. The referee shall submit a referee report form, on League website or paper copy supplied by the Competition. within two (2) days of the Competition Match.
25. Referee after the match to please complete an EBFA Match Official (Referee) Report - <https://forms.gle/PTEAkL8e7QHntnbv7> or visit [www.eastberksfa.com/refereereports](http://www.eastberksfa.com/refereereports) to find a link to the EBFA Match Official (Referee) Report.
26. Teams will complete score result on GotFootball and Team Match/Respect Report on EBFA Google Forms.